**Write**a 1,050- to 1,400-word paper discussing the influences on physical and cognitive development.

**Select** one of the following stages of development as the focus of your paper.

* Infancy: from birth to 1 year
* Early childhood: from 1-6 years
* Middle childhood: from 6-12 years
* Adolescence: from 12-18 years
* Early adulthood: from 18-40 years
* Middle adulthood: from 40-60 years
* Late adulthood: from 60+ years

**Address** the following in relation to the selected stage:

* What factors affect physical development? Consider hereditary and environmental influences. Provide examples.
* What factors affect cognitive development? Consider hereditary and environmental influences. Provide examples.
* What factors affect social, moral, and personality development? Describe the factors by explaining at least two theoretical perspectives associated with social, moral, and personality development.

**Include** at least two peer-reviewed sources.

**Format** your paper consistent with APA guidelines.